



MENUS

Jefferson Middle School

All Meals Include:
Fresh fruits/ Fruit Juice and Milk. *Milk choices: 1% White, Skim White, and Skim Chocolate*
Lunches also include vegetables

Daily Offerings:
Breakfast: Yogurt Parfait & Bagel w/ Cream Cheese
Lunch: Sun Butter & Jelly

Month	Week	Day	SEPTEMBER 2026 ▾											
			MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT/SUN	
			31		1		2		3		4		5	
			● Breakfast Bacon Breakfast Pizza or Mini Strawberry Creamy Cheese Bagels ● Lunch Entree: Buffalo Cheese Pizza Sticks, Cheeseburger/ Hamburger, Regular or Spicy Chicken Patty Sandwich and French Fries Express: Turkey & Cheese Sandwich		● Breakfast Cinnamon Sugar Donut Chicken Snack Wrap ● Lunch Grill: Cheeseburger orSpicy Chicken Sandwich Entree: SignatureChicken Sandwich Deli: Make Your OwnPepperoni PizzaFlatbread		● Breakfast Banana Chocolate Chip Bar Cheesy Ham, Egg, Tot Taco ● Lunch Grill: Hamburger Entree: Beef Nachos Deli: Pretzel Yogurt & Cheese Pack Pizza: Pizza Crunchers		● Breakfast Turkey Pancake Stick Eggoji Waffles ● Lunch Grill: Spicy or SavoryChicken Sandwiches Entree: 3 Cheese Mac &Cheese Deli: Apple Yogurt CheesePlate		● Breakfast Pancake Bites Ham & Cheese Biscuit ● Lunch Entree: Italian PopChicken w Red Sauce Deli: Ham & Cheese Sandwich Pizza: Cheese orPepperoni		6	
			7		8		9		10		11		12	
			No School No School		● Breakfast Chocolate Chip Muffin Top w Graham French Toast Sticks ● Lunch Grill: Savory Chicken orCheeseburgers Entree: Honey Stung PopChicken & Biscuit Deli: Apple Yogurt & CheeseStick Pack		● Breakfast Sausage Sandwich Cinni Mini Roll ● Lunch Grill: Cheeseburgers Entree: Mini MaplePancakes w Cheese Omelet Deli: Turkey & Cheese Sandwich Pizza: Bosco Sticks wSauce		● Breakfast Chocolate Crescent Roll Cheese Mexi Maple Flatbread ● Lunch Grill: Spicy or SpicyChicken Sandwiches Entree: BBQ RibletHoagie Deli: Make Your OwnPepperoni Pizza Bagel		● Breakfast Mini Sausage Pancake Bites Vanilla Snack n' Waffle ● Lunch Entree: Buffalo PopcornChicken Mac & Cheese Salad: Egg Chef w Roll Pizza: Cheese orPepperoni		13	
			14		15		16		17		18		19	
			● Breakfast Chicken & Cheese English Muffin Maple Madness Waffle ● Lunch Grill: Cheeseburger orSpicy ChickenSandwiches Entree: Orange PopcornChicken over Rice Deli: Make Your Own CheesePizza Flatbread		● Breakfast Bosco Stick Glazed Cinnamon Roll ● Lunch Grill: Hamburger or Spicy Chicken Sandwich Entree: Popcorn Chicken Potato Bowl w Breadstick Deli: Ham & Cheese Sandwich		● Breakfast Powder Sugar Donut Maple Ham Egg & Cheese Flatbread ● Lunch- SPECIAL Grill: Savory ChickenSandwich Entree: Pesto ChickenFlatbread Deli: Pretzel Yogurt & Cheese Pizza: Pizza Crunchers		● Breakfast Sausage Breakfast Pizza Caramel Cinni Mini ● Lunch Grill: Cheeseburger orSavory Chicken Sandwich Entree: Waffles & TurkeySausage Links Salad: Egg Chef w roll		● Breakfast Confetti Pancakes Egg & Cheese Muffin ● Lunch Entree: Meatball Sub Melt Deli: Turkey & Cheese Sandwich Pizza: Cheese or Pepperoni		20	
			21		22		23		24		25		26	
			● Breakfast Chocolate Chip Muffin Top w Graham Turkey Pancake Stick ● Lunch Grill: Spicy Chicken Sandwich or Cheeseburger Entree: Latin Chicken Nuggets & Cheez-its Salad: Tossed Cheese w Roll		● Breakfast Egg & Cheese Croissant Eggoji Waffles ● Lunch Grill: Cheeseburger or Savory Chicken Sandwich Entree: Chicken Tenders w Sauce & Garlic Knot Deli: Pretzel Yogurt & Cheese Stick Pack		● Breakfast Strawberry Apple Smoothie w Graham Country Chicken Biscuit ● Lunch Grill: Savory Chicken Sandwich Entree: Nacho Walking Taco Deli: Ham & Cheese Sandwich Pizza: Bosco Sticks w Sauce		● Breakfast Dutch Waffle Sausage Sandwich ● Lunch Grill: Quesadilla Burger Entree: Bacon Cheeseburger Deli: Make Your Own Pepperoni Pizza Bagel		No School No School		27	
			28		29		30		1		2		3	
			● Breakfast Chicken Egg Cheese Wrap Trix French Toast ● Lunch Grill: Spicy or Savory Chicken Sandwiches Entree: Pizza Waffalacos Salad: Egg Chef w Roll		● Breakfast Sausage Breakfast Pizza Mini Strawberry Pancake Puff ● Lunch Grill: Hamburger orCheeseburger Entree: French Toast Sticks& Sausage Patties Deli: Ham & Cheese Sandwich		● Breakfast Egg & Cheese Croissant Glazed Cinnamon Roll ● Lunch Grill: Spicy ChickenSandwich Entree: Sweet ChiliDumplings over Fried Rice Deli: Apple Yogurt Cheese Plate Pizza: Bosco Sticks w Sauce		● Breakfast Menu Coming Soon! ● Lunch Menu Coming Soon!		● Breakfast Menu Coming Soon! ● Lunch Menu Coming Soon!		4	